

# DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE VINAYA BHAVANA



## HISTORY OF THE DEPARTMENT

The Department was established in the year 1997 as a constituent department of Vinaya Bhavana (Institute of Education) to produce good quality teachers in the field of Physical Education & Sports and also to nurture university students with maximum exposure to sports. The B.P.E. (Three Years Undergraduate Honours Program in Physical Education), MPE (Two Year Master of Physical Education) and Ph. D. in Physical Education were introduced in the department in 1998, 2001 and 2000 respectively. The B.P.E. (Honours) program was subsequently reviewed and reintroduced with the nomenclature of BA/B.Sc.(H) in Physical Education w.e.f. 2004 to comply with the requirement of West Bengal Central School Service Commission for the appointment of Assistant Teacher in Physical Education in WB schools. Thereafter B.P.Ed. (Two Year Teacher Training Program in Physical Education) with due recognition of the N.C.T.E. was introduced in 2007. The then existing M.P.E. program was also reviewed and reintroduced in the department with the nomenclature of M.P.Ed. with due recognition of the NCTE. The NCTE also extended retrospective recognition to the previous M.P.E. program offered by the department. Presently the department offers B.Sc.(Hon) in Physical Education, BPEd (Two Year Teacher Training Programme), M.P.Ed. (Two Year Post Graduate Teacher Training Programme) and PhD programme in Physical Education and Sport Science. In 2017, the nomenclature of the department 'Department of Physical Education' was renamed as 'Department of Physical Education and Sport Science'.

The future mission of the department is to produce graduates in different sports science subjects with a vision to improve the knowledge bank of the sports science subjects by our own research and investigation for the improvement of sports performance of Indian sports persons and also to promote the health and wellbeing of Indian citizens. Department has already developed good quality human performance laboratory and wish to upgrade the laboratories further by procuring sophisticated research equipment. The focus of the research will be to improve health and fitness, improve human performance in sports and to find out daily life activities and find out means and ways to accelerate the rehabilitation process. The sports infrastructure of the department shall be upgraded to a modern competitive sports complex and to materialize that, department will work in collaboration with University Sports Board with an idea of maximum utilization of resources by the stakeholders. The department intends to sign memorandum of understanding with other sports universities inside and outside of the country to promote collaborative research, exchange of culture and ensure better exposure to sports training and performance for the students of our university. The department aspires to be recognized by the Govt. of India as a Centre of Excellence in Physical Education and Sports.

## PROGRAMMES AND COURSES OFFERED

Programme Name	Number of Courses
Ph.D. in Physical Education	5
Two-Year Master of Physical Education	36
Two-Year Bachelor of Physical Education	36
B.Sc.(Honours) in Physical Education	28