



**OFFICE OF THE DIRECTOR, PSNS
VISVA-BHARATI**

NOTIFICATION

YOGA AND MEDITATION PRACTICE CAMP

This is for information of all concerned that next phase of 3 months "**Yoga and Meditation Practice Camp**" will start from 06.04.2020.

Two parallel practice camp will be conducted in morning and evening respectively as per following schedule -

| | Time | Venue | No. of seats | Course Fee | Who can apply? |
|---------------------|---------------------|---------------------------|---------------------|--|--|
| Morning Camp | 06:00 am - 08:00 am | Students' Activity Centre | 50 only | Students - Rs.200 (one time for 3 months) | Students/Staff members /Staff ward/Pensioners /Dependent of Pensioners |
| Evening Camp | 05:00 pm -07:00 pm | Students' Activity Centre | 50 only | Staff & others- Rs. 300 (one time for 3 months) | /Alumni/ Ward of Alumni and Ashramik. |

Interested persons may apply on plain paper mentioning their name, address, department, contact address etc. and submit the Application Form to this office along with the requisite practice camp fees within 03.04.2020.

Seats will be filled on first-come, first served basis. All participants are requested to kindly bring individual yoga mats for practice.

N. C. Mandal
13.03.2020

Ref.No. Dir/PSNS/SAC/20D/ 2019-20/253
Date: 13.03.2020.

Director, PSNS
Visva-Bharati

Copy to:

1. Directors / Adhyakshas / HOD of all Bhavanas / Vibhagas / Deptts / Centre's
2. Proctor, Visva-Bharati
3. Finance Officer
4. Deputy Registrar, Accounts
5. C.S to V.C, Visva-Bharati
- ✓ 6. University Webmaster - Kindly upload it in the University website.
7. P.A to Registrar, Visva-Bharati