



Department of Yogic Art & Science

Vinaya Bhavana

and

Visva-Bharati Library Network

Visva-Bharati (Central University), India

Jointly Organizes

Prior to the Celebration of 6th International Day of Yoga (21st June 2020)

International Webinar on

**“Evidence-Based Lifestyle modification through Yoga in Covid-19 Pandemic”
on 19th & 20th June, 2020 from 10.30 am to 1.30 pm and 2.30 pm to 5.30 pm**

Day-1: Eminent scientists will be delivered lectures on
Evidence-based Science of Meditation; Pranayama; Yogasana; Yogic Kriya; Yogic Bandha-Mudra;
Yoga & Ayurveda, etc.

Day-2: Selected research papers will be presented.
{Submit Video/Virtual PPT of not more than 8 minutes before 6 pm 17th June, 2020 in the following
email: 1) ajaysharma.lib@gmail.com, 2) sujitkujur@gmail.com}

Registration Fees: Free of Cost

Limit of Registration: 1000 (One Thousand) Person

Participation Certificate will be issued subject to attend atleast 4.00 hours / day.

All are cordially invited to register themselves in the following registration link:

Link: https://docs.google.com/forms/d/e/1FAIpQLScSmIgUk4-de-GUXuiOvUFpzCMeZiGhQw_Za9ZPF5uonflmJQ/viewform

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