



*OFFICE OF THE DIRECTOR  
VISVA-BHARATI*

*INVITATION*

*Dear Sir/Madam,*

*The Office of the Director, PSNS and The Department of Yogic Art & Science, Visva-Bharati request the pleasure of your participation in Yoga Practice at Jagadish Kanan (Old Mela Ground) opposite to Upasana Griha and in the Function at Natya-Ghar on the occasion of the "International Day of Yoga" on 21<sup>st</sup> June, 2019.*

*N. C. Mandal*  
14.06.19

*Date: 14.06.2019  
Place: Santiniketan*

*Prof. Narayan Chandra Mandal  
Director  
Physical Education, Sports,  
National Services &  
Students' Welfare*

*Programme Overleaf*

**Programme Schedule**  
**International Day of Yoga**  
**(21<sup>st</sup> June, 2019)**  
**Organised by**  
**Office of the Director PSNS**  
**and**  
**Department of Yogic Art & Science,**  
**Visva-Bharati**

**Morning**

**Venue: Old Mela Ground**

*Yoga Practice* : 06:45 A.M. to 08:00 A.M.

**Evening**

**Venue: Natya-Ghar**

*Yoga Competition* : 01:30 P.M. to 04:30 P.M.

*Welcome, Felicitation* : 05:00 P.M. to 05:15 P.M.

*Address by Director PSNS* : 05:15 P.M. to 05:20 P.M.

*Prize Distribution* : 05:25 P.M. to 05:55 P.M.

*Message on International  
Day of Yoga by  
Vice-Chancellor* : 05:55 P.M. to 06:00 P.M.

*Vote of Thanks by  
by Prof. Samiran Mondal  
HOD, Yogic Art & Science  
Visva-Bharati* : 06:00 P.M. to 06:05 P.M.