



**OFFICE OF THE DIRECTOR, PSNS  
VISVA-BHARATI**

**NOTIFICATION**

**YOGA AND MEDITATION PRACTICE CAMP**

This is for information of all concerned that next phase of three months "Yoga and Meditation Practice Camp" will start from 7 November, 2016.

Two parallel practice camp will be conducted in morning and evening respectively in the below mentioned schedule -

	<b>Time</b>	<b>Venue</b>	<b>No. of seats</b>	<b>Course Fee</b>	<b>Who can apply?</b>
<b>Morning</b>	06:30 am - 08:30 am	Students' Activity Centre	<b>100 only</b>	Students - <b>Rs.200</b> (one time for 3 months) Staff & others- <b>Rs. 300</b> (one time for 3 months)	Students/Staffs /Pensioners/Alumni and Ward of Alumni & Pensioners
<b>Evening</b>	05:00 pm -07:00 pm	Chintan Hall	<b>60 only</b>		

Interested persons may apply on plain paper mentioning their name, address, department, contact address etc. and submit the Application Form to this office along with the requisite course fees within 05.11.2016.

Seats will be filled on first-come, first served basis. All participants are requested to kindly bring individual yoga mats for practice.

Ref.No. Dir/PSNS/SAC/20D/ 2016-17/125

Date: 15 Sept, 2016

  
Director, PSNS  
Visva-Bharati

Copy to:

1. Directors / Adhyakshas / HOD of all Bhavanas / Vibhagas / Deptts / Centre's
2. Proctor, Visva-Bharati
3. Finance Officer
4. Deputy Registrar, Accounts
5. C.S to V.C, Visva-Bharati
6. University Webmaster - Kindly upload it in the University website.
7. P.A to Registrar, Visva-Bharati