

NATIONAL SEMINAR

On

HOLISTIC EDUCATION:

HARMONIZING THE BODY

MIND AND SPIRIT

17-18 FEBRUARY 2020

Jointly Organized by



Department of Education
Department of Physical Education &
Sport Science
Department of Yogic Art & Sc.

VINAYA BHAVANA

(Institute of Education)

VISVA-BHARTI, SANTINIKETAN
WEST BENGAL-731235, INDIA

THEME OF THE SEMINAR

“The highest education is that which does not merely give us information but makes our life in harmony with all existence.”

Rabindranath Tagore

If the world is not to be broken into fragments and man into bits and pieces, there is a need to re-visit our concept and understanding of ‘education’ as well as its various approaches and processes. We have no doubt grown in amount of information and knowledge but have remained poor in wisdom.

We often fail living life as a ‘whole’, taking our body, mind and spirit together. Our education, instead of being always a rich and living experience, is increasingly becoming partial, mechanistic, dry, textual and too much intellectual. It is missing the vivacity, exuberance and fulfillment of being an all-encompassing ‘whole’. Mahatma Gandhi was apt in defining education, for all-round development, as “drawing out of the best in child and man-body, mind and spirit”. Thus, in consideration of a ‘complete man’ and ‘total world’, without any disregard for any of its parts, champions of humanity are genuinely advocating for ‘Holistic Education’ as it is, by nature, inclusive, incisive, comprehensive, engaging and enlightening for all, not a chosen few and definite phase.

Holistic education, as stated by Ron Miller is “a philosophy of education based on the premise that each person finds identity, meaning, and purpose in life through connections to the community, to the natural world, and to humanitarian values such as compassion and peace . It aims to call forth from people an intrinsic reverence for life and a passionate love of learning.”

Three constituent Departments of the Vinaya Bhavana (Institute of Education), Visva-Bharati, namely the Department of Education, Department of Physical Education & Sport Science and the Department of Yogic Art & Science are jointly organizing the National Seminar on “Holistic Education: Harmonizing the Body, Mind and Spirit” by virtue of the institute’s own role and responsibilities as well as its understanding of the timeliness and seminal importance of the theme. The prime objective of the Seminar is to provide the scholars, teachers and students from across the country a platform to deliberate, dialogue, interact and share the varied experiences and understanding of the theme , dive deep into the issues involved for better insight and imminent outcomes.

SUB-THEMES

- Tagore’s Vision, Values and Scheme of Holistic Education
- Thoughts of Mahatma Gandhi, Sri Aurobindo, J Krishnamurti, Maria Montessori etc. on Holistic Education
- Holistic Education and Inter/ Multi-disciplinary approach
- Transformative Education
- Experiential Learning & Alternative learning Environment
- Education, Physical Education & Yoga Education for Human Wellbeing
- Physiological Foundation of Wellness and Human Performance
- Psycho-social Perspective of Wellness and Human Performance
- Biomechanical Foundation of Wellness and Human Performance
- Yoga and Wellness
- Therapeutic Aspects of Yoga
- Psycho-physiological aspects of Yoga
- Spiritual Aspect of Yoga
- Schools of Thoughts in Yoga

IMPORTANT INFORMATION & DATES

1.	Last date for Submission of Abstract (Maximum 200 Words)	12 th January, 2020
2.	Communication regarding Acceptance of the Abstract	15 th January, 2020
3.	Last date for Submission Full Paper (Maximum 3000 Words& References-APA style) with soft copy of the PPT (for presentation)	20 th January, 2020
4.	Request for Accommodation	15 th January, 2020

Abstracts and Full papers may be submitted by the stipulated date via e-mail to: ns2020vb@gmail.com

REGISTRATION

Interested participants are requested to register them by paying the amount at the Registration Counter on 17th January as:

Sl.No.	Delegate Type	Amount in Rs.
1.	Research Scholars	Rs.1000
2.	Teachers of the University Departments / Institutes & Colleges	Rs. 1500
3.	Any Other	Rs.2000

- Registration fee includes Conference Kit, Participation Certificate, Breakfast, Lunch & Dinner for Conference days only.
- Research Scholars will submit necessary documents duly issued by the Competent Authority/ Head of the Department/Principal of the Institution/ College.
- Accommodation facility in Guest Houses of Visva-Bharati is available for delegates on first come first serve basis. However, hotels are available in the vicinity of Santiniketan which may be booked on request and on payment.

THE VENUE: VISVA-BHARATI, SANTINIKETAN

Visva-Bharati, founded by Rabindranath Tagore is a pilgrimage for education and culture. It reflects the Tagorean ethos of making a complete human being. It is a hallowed place of learning cradled in a serene environment in the lap of nature. Visva-Bharati declared a Central University of India and an Institution of National Importance by an Act of Parliament in 1951. The motto of Visva-Bharati has been

"Yatavisvambhavatyekanidam"- where the world makes a home in a single nest

Santiniketan, the abode of peace, inherits a spiritual legacy wherein Maharshi Devendranath Tagore, father of Rabindranath Tagore, found solace and serenity and started Santiniketan asram in the early 1860s. Now Santiniketan, apart from having Visva-Bharati, a central University of international repute and a brand

name for its own culture, art and craft heritage whispering the symphony of tradition and modernity.

How to Reach

Visva-Bharati, Santiniketan, located in Birbhum district of West Bengal is about 165 km from Kolkata and well connected with major cities of the country and can be easily reached by railways / road. The local Railway Station to get down is Bolpur-Shantiniketan, just two kilometres away from the Seminar Venue. The nearest Airports are Netaji Subhas Chandra Bose International Airport, Kolkata (158 K.M. from Santiniketan by road) and Kazi Nazrul Islam International Airport, Andal, Durgapur (about 60 K.M. from Santiniketan), both well connected by regular public transport services.

Organizing Committee

- Seminar Director:** Prof. S. Bandyopadhyay
- Jt. Convenors:** Prof. B.D.Chinara &
Prof. S.K. Mondal
- Jt. Organizing Secretaries:** Prof. K.C. Sahoo
Prof. S. Mondal

Members :

- | | |
|--------------------|-------------------|
| Prof. R. Roy | Dr. P.Roy |
| Prof. A.K.Goon | Dr. K. Chatterjee |
| Dr. S. Biswas | Dr. S. Mitra |
| Dr. S. S. Bairagya | Dr.S. Anand |
| Dr. M.S. Khetmalis | Dr. C. Maiti |
| Dr. T. Banerjee | Ms. S. Yadav |
| Dr. P.P. Sikdar | Dr A. Thander |
| Dr. S.K. Rath | Dr. U. Prasad |
| | Smt. Soumi Mondal |

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“ Visva-Bharati represents India where she has her wealth of mind which is for all. Visva-Bharati acknowledges India's obligation to offer to others the hospitality of her best culture and India's right to accept from others their best”

Rabindranath Tagore