

CURRICULAM VITAE



NAME : **Dr. Ashoke Mukherjee**
MOTHER'S NAME : Smt. Pratima Mukherjee
FATHER'S NAME : Sri Ajit Mukherjee
SPOUSE NAME : Smt. Nabamita Mukherjee
DAUGHTER'S NAME : Adrita Mukherjee
PERSONAL DETAILS:-
Date of Birth : 11th January, 1980
Place of Birth : Asansol, West Burdwan (W. B.), India
Sex : Male
Height : 179c.m.
Weight : 90kg
Blood Group : O+
Identification Mark : A patch mark on the right side of the head above the ear.
Marital Status : Married
Languages known : English, Bengali & Hindi
Religion : Hindu
Nationality : Indian
OFFICIAL ADDRESS : Assistant Professor
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PERMANENT ADDRESS : Sagnikalaya, Sriniketan Road, Near SBI Sriniketan Branch, Sriniketan, Birbhum, West Bengal, Pin – 731236

EDUCATIONAL & PROFESSIONAL QUALIFICATIONS:

Degree	Year	Subject/Specialization	University/ Board	% of marks	Class/ Division
NET	2011	Physical Education	UGC	-----	Qualified
PhD	2009	Physical Education	LNIPE, Gwalior	-----	Awarded
MPE	2004	Physical Education	Visva-Bharati	73.57%	1 st
BPE	2001	Physical Education	LNIPE, Gwalior	60.09%	1 st
Higher Secondary	1998	Commerce	WBCHSE	45.00%	2 nd
Secondary	1996	All	WBCSE	57.77%	2 nd

AREAS OF SPECIAL INTEREST/EXPERTISE:

- Theory : Health Education, Sports Biomechanics, Sports Psychology
- Practical : Track & Field, Weight Training

ACADEMIC AWARDS AND HONOURS:

- First Class First in Master of Physical Education (MPE), Department of Physical Education, Vinaya-Bhavana, Visva-Bharati, Santiniketan, West Bengal, India in 2004.

SPORTS PROFICIENCY

- Represented Men Power Lifting Team of LNIPE, Gwalior in All India Inter University Competition held at Guru Nanak Dev University, Amritsar from 15th to 19th January 2002.
- Represented Men Athletics Team of Visva-Bharati, Santiniketan in All India Inter University Athletics Meet held at Ranchi University, Jamshedpur in the year 2003-04.

ACADEMIC & ADMINISTRATIVE POSITIONS HELD:

Position	Period	University/Institute	Nature of Responsibility
Students Activity & Sports Officer	26.08.2013 to 15.05.2015	National Institute of Technology, Patna	Organization of sports and cultural activities
Assistant Professor	16.05.2015 onwards	Visva-Bharati	Teaching, Research & Extension

COURSE/TRAINING:

Name of the Course/Training	Period	Organizing University/Institute	Sponsoring Agency
Orientation Programme (28 Days)	1 st to 28 th July' 2016	HRDC, The University of Burdwan	UGC
Refresher Course (21 Days)	15 th Oct. to 5 th Dec.' 2016	HRDC, LNIPE, Gwalior	UGC
Refresher Course Online (15 Days)	13 th to 26 th March' 2021	HRDC, LNIPE, Gwalior	UGC

PH.D. SCHOLAR'S DETAIL:

Sl No	Name	VB ID No	Title	Date of Reg.	Status
1.	Soumya Ghosh	VB-671 of 2012-13	The Effect of Pilates Training and Hatha Yoga on Performance of Functional Line and Health Related Quality of Life of Obese Children	31.08.2019	Going on
2.	Parthajit Mallick	VB-1499 of 2016-17	An Analysis of Different Reaction Time and its Relationship with Mindfulness among Different Sports Persons of West Bengal	31.08.2019	Going on

PAPER PUBLICATION IN JOURNAL:

Sl. No.	Authors	Year	Title	Journal/Link	Journal ID
1.	Dr. Ashoke Mukherjee	2012	Comparison among different ethnic tribes of North East India on Health related Physical fitness	Indian Journal of Yoga Exercise & Sport Science and Physical Education (Vol. VI, No. 1 & 2)	ISSN 0975-265X

Sl. No.	Authors	Year	Title	Journal/Link	Journal ID
2.	Dr. Ashoke Mukherjee	2013	Anthropometric Profile of Inter-University Level Throwers	UNMESH A journal of Physical Education (Vol. 9, No. 2)	ISSn 0974-9829
3.	Dr. Ashoke Mukherjee	2014	Health Related Physical Fitness Status of Tribal Boys Residing in Different Altitude: A Comparative Study	Indian Journal of Physical Education, Sports Medicine and Exercise Science (Vol. 14, No. 1&2) https://www.indianjournals.com/ijor.aspx?target=ijor:ijpesmes&volume=14&issue=1and2&article=002	ISSN 0976-1101
4.	Dr. Ashoke Mukherjee & Biren Mahato	2015	Yoga A Way of Stress Management	International Scientific Journal of Sports Science (Vol. 4 No. 1 & 2)	ISSN 2277-2804
5.	Dr. Ashoke Mukherjee and Dr. Jayarajan David	2016	Effect of yogic practices in mental stress management of school teachers	International Journal of Physiology, Nutrition and Physical Education (Vol. 1, Issue 2) https://www.journalofsports.com/pdf/2016/vol1issue2/PartC/1-2-29-796.pdf	ISSN 2456-0057

Sl. No.	Authors	Year	Title	Journal/Link	Journal ID
6.	Debajyoti Haldar & Dr. Ashoke Mukherjee	2017	Anthropometric Profile of Upper Primary School Going Girls of West Bengal	International Scientific Journal of Sports Science (Vol. 6, No. 1 & 2)	ISSN 2277- 2804
7..	Dr. Ashoke Mukharjee	2019	A study of body mass index in relation to physical fitness components of primary school going children	International Journal of Physiology, Nutrition and Physical Education; 4(1) https://www.journalofsports.com/pdf/2019/vol4issue1/PartAQ/4-2-108-943.pdf	ISSN 2456- 0057
8.	Dr. Ashoke Mukherjee and Dr. Swarnava Mukherjee	2019	Effect of yogic interventions on cerebral palsy: A systematic review	International Journal of Physiology, Nutrition and Physical Education; 4(1) https://www.journalofsports.com/pdf/2019/vol4issue1/PartAU/6-1-72-472.pdf	ISSN 2456- 0057
9.	Dr. Swarnava Mukherjee and Dr. Ashoke Mukherjee	2019	Relation between selected physical fitness components and reaction time among early adolescent pupil	International Journal of Physiology, Nutrition and Physical Education; 4(1) https://www.journalofsports.com/pdf/2019/vol4issue1/PartAU/6-1-67-794.pdf	ISSN 2456- 0057

Sl. No.	Authors	Year	Title	Journal/Link	Journal ID
10.	Suprova Dutta, Dr. Gopal Mondal & Dr. Ashoke Mukharjee	June 2020	Effect of Regular Swimmig on Health Related Physical Fitness of Visva-Bharati Girls Students	International Journal of Creative Research Thoughts (IJCRT) (Volume 8, Issue 6) https://www.ijcrt.org/papers/IJCRT2006574.pdf	ISSN: 2320- 2882
11.	Suprova Dutta, Dr. Gopal Mondal & Dr. Ashoke Mukharjee	June 2020	To Assess the Effect of Modernization on Health Status of the Agricultural Labours	International Journal of Creative Research Thoughts (IJCRT) (Volume 8, Issue 6) https://www.ijcrt.org/papers/IJCRT2006572.pdf	ISSN: 2320- 2882

PAPER PUBLICATION IN SEMINAR/CONFERENCE PROCEEDINGS

Sl. No.	Name of the Event	DOE	Title	Full/ Abstract
1.	International Conference on Global Education, Physical Education and Sports, Research and Technology for sustainable Development organized by Dept. of Physical Education, Seva Bharati Mahavidyalaya, Jhargram	09.12.2017	Association between Physical Fitness and Cognitive Ability	Full
2.	International Conference on Global Innovation and research in Education, Sports Sciences and Yoga, organized by Dept. of Physical Education, Mahishadal Girls College, Pueba Medinipur	10.12.2017 to 11.12.2017	Relationship Between Physical Fitness and Intelligence of the School Going Children	Full

Sl. No.	Name of the Event	DOE	Title	Full/ Abstract
3.	National Seminar on “Nutrition & Wellness” organized by Physical Education Unit, Palli Siksha Bhavana, Visva-Bharati, Sriniketan	07.11.2016 to 08.11.2016	Brahmi (Bacopa Monnieri)- An Important Medicinal Plant With Immense Therapeutic Uses	Full
4.	International Conference on Fitness, Wellness and Sports Science organized by LNIPE Gwalior	20.11.2015 to 22.11.2015	A Study on Health-Related Physical Fitness Among Tribal Boys Residing In Different Altitude	Abstract
5.	UGC – Sponsored National Seminar on Modern Physical Education Sports and Globalization, organized by Dept. of Physical Education, Haldia Govt. College	03.09.2015 to 04.09.2015	Prevalence of Obesity in Agricultural Labour of West Bengal	Abstract
6.	National Seminar on Soil Health: Key to Sustainable Agriculture, organized by PSB, Visva-Bharati, Sriniketan	14.11.2015 to 15.11.2015	An Assessment of Health Status of the Agricultural Labour in West Bengal	Abstract
7.	National Seminar on Quality Assurance In Health, Fitness and Wellness, organized by Nikhil Bamga Sikshan Mahavidyalaya, Bishnupur	20.01.2016 to 21.01.2016	A Comparative Study on Body Composition among Tribal Boys	Abstract

**Details of presentation of research papers in Seminars / Conferences / Workshop
Symposia Attended:**

1. Research paper entitled “Prevalence of Obesity in Agricultural Labour of West Bengal”, presented in UGC – Sponsored National Seminar on Modern Physical Education Sports and Globalization, organized by Dept. of Physical Education, Haldia Govt. College on 03-04 Sept. 2015.
2. Research paper entitled “An Assessment of Health Status of the Agricultural Labour in West Bengal”, presented in National Seminar on Soil Health: Key to Sustainable Agriculture, organized by PSB, Visva-Bharati, Sriniketan on 14-15 Nov. 2015
3. Research paper entitled “A Study on Health-Related Physical Fitness Among Tribal Boys Residing In Different Altitude”, presented in International Conference on Fitness, Wellness and Sports Science organized by LNIPE Gwalior from 20TH to 22nd Nov. 2015.
4. Research paper entitled “A Comparative Study on Body Composition among Tribal Boys”, presented in National Seminar on Quality Assurance In Health, Fitness and Wellness, organized by Nikhil Bamga Sikshan Mahavidyalaya, Bishnupur o 20-21 Jan, 2016.
5. Attended National Seminar on Issues and Challenges in Physical Education and Sports Sciences held on 25th & 26th June 2016 at Dept. of Physical Education, Vinaya Bhavana, Visva-Bharati as **Co-Chairperson**.
6. **Participated in the Workshop** on “Development of Cricket in Educational Institutions” held on 27th & 28th June 2016 at Visva-Bharati, Santiniketan.
7. **Attended the “Workshop** on Data Analysis by Using SPSS” held on 4th & 5th February 2017 Dept. of Physical Education, Vinaya Bhavana, Visva-Bharati, Santiniketan.
8. Presented research paper entitled “Association between Physical Fitness and Cognitive Ability”, at International Conference on Global Education, Physical Education and Sports, Research and Technology for sustainable Development organized by Dept. of Physical Education, Seva Bharati Mahavidyalaya, Jhargram on 9th Dec. 2017
9. Presented research paper entitled “Relationship Between Physical Fitness and Intelligence of the School Going Children”, at International Conference on Global Innovation and research in Education, Sports Sciences and Yoga, organized by Dept.

of Physical Education, Mahishadal Girls College, Pueba Medinipur on 10-11 Dec. 2017.

ORGANIZATIONAL EXPERIENCES:

1. Organized National Seminar on ‘Nutrition & Wellness’ as **Organizing Secretary** on 7th & 8th November 2016 at Palli Siksha Bhavana, Bisva-Bharati, Srinikrtan.
2. Organized East Zone Inter University Kho-Kho (Women) Tournament 2016 – 17 from 29th January to 2nd February 2017 as member of the refreshment sub-committee.

EDITORIAL EXPERIENCE:

S. No	Title	Journal/ Book	Position Held	Publisher	ISSN/ ISBN
1.	Trailing The Footprints of Nutrition & Wellness: Entrapping Foothold of Healthy Nation	Book	Editor	Anand Prakashan, Kolkata - 07	ISBN 978-81-88904-88-4
2.	Capturing Bliss Through Nutrition & Wellness: A Synoptic View	Book	Editor	Anand Prakashan, Kolkata - 07	ISBN 978-81-88904-87-7
3.	International Scientific Journal of Sports Science	Journal	Executive Editor	New Delhi Publisher, New Delhi - 59	ISSN 2277-2804

DECLARATION

I **Dr. Ashoke Mukherjee** hereby declare that the particulars furnished above are true and correct to the best of my knowledge and nothing has been concealed.



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