



संस्थापक: रवीन्द्रनाथ ठाकुर Founder: Rabindranath Tagore आचार्य:श्री नरेंद्र मोदी ACHARYA (CHANCELLOR) SHRI NARENDRA MODI

उपाचार्य:प्रोफेसर विद्युत चक्रवर्ती UPACHARYA (VICE-CHANCELLOR) PROF. BIDYUT CHAKRABARTY

Office of the Proctor Visva-Bharati

As part of the various ongoing programmes organised by the University for the mental and physical wellbeing of students, teachers and administrative staff of Visva-Bharati, the following programme is being organised for all as per the details given below:

Interactive Session on Physical, Mental and Spiritual Health

By

Swami Kripakarananda ji Maharaj Ramakrishna Mission Sevashrama, Varanasi Uttar Pradesh

On

Thursday, 03.06.2021 at 04:00 pm

The session will be moderated by Professor Samiran Mondal Head, Department of Yogic Art and Science, Visva-Bharati

All members of Visva-Bharati Community are welcome to participate in the online session using the link given below:

https://zoom.us/j/93288573072? pwd=bFkxQjAvOGFJMXRZOXVOWm01Nm12UT09

Meeting ID: 932 8857 3072 Passcode: PMSH030