

CV

DR LIPSY JOHN.L

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Ⓢ Educational Qualifications:

No	Class/ Degree	School /College	Board/ University	Year of Passing
1.	SSLC	St.Philomena's G.H.S Poonthura	Kerala state	March 2006
2.	PLUS TWO	St. Thomas H.S.S Poonthura	Higher Secondary Board	April 2008
3.	BPE	LNCPE Trivandrum	Kerala University	Jun. 2008 to Apr. 2011
6.	MPE.d.	Pondicherry University	Pondicherry university	2012-14
7.	PG. Diploma Health & Fitness	Pondicherry University	Pondicherry University	2013-2014
8.	Certificate in Yoga	Kerala University	Kerala University	2011-2012
9.	Ph.D	Pondicherry University	Pondicherry University	2014-2018

Ⓢ Qualified ***National Eligibility Test for Lectureship with JRF*** in June 2015.

Ⓢ Gold medal in Master of Physical Education of Pondicherry University, May 2014.

Ⓢ Secured fifth rank in Bachelor of Physical Education, May 2011.

Ⓢ Joined as Assistant Professor in Physical Education & Sports Science on 27/07/202 at Visva-Bharati University.

Specialization

Sports : Volleyball, , Basketball, Athletics, Football, Badminton

@ Areas of Special Interest

- Volleyball
- Aerobics
- Sports Physiology
- Sports Training
- Research in Physical Education & Sports
- Sports Biomechanics
- Health Education

@ Sports Achievement

- Represented *PONDICHERY UNIVERSITY* for **SOUTH ZONE INTER-UNIVERSITY VOLLEYBALL Championship** held at, Tamilnadu in the year 2013-2014.
- Represented *PONDICHERY UNIVERSITY* for **SOUTH ZONE INTER-UNIVERSITY FOOTBALL Championship** held at, Tamilnadu in the year 2013-2014.
- Represented *PONDICHERY UNIVERSITY* for **SOUTH ZONE INTER-UNIVERSITY VOLLEYBALL Championship** held at, Andhra Pradesh in the year 2012-2013.
- Winners in *Pondicherry University Interzone Volleyball Tournament* in the year 2015-2016.
- Winners in *Pondicherry University Interzone Volleyball Tournament* in the year 2014-2015.
- Runners in *Pondicherry University Interzone Volleyball Tournament* in the year 2013-2014.
- Winners in *Pondicherry University Interzone Volleyball Tournament* in the year 2012-2013.
- Winners in *Pondicherry University Interzone Football Tournament* in the year 2012-2013.

@ Extracurricular Activities

- Attended Leadership training camp conducted by *NATIONAL ADVENTURE FOUNDATION* at Russelpuram, sponsored by ‘**The Ministry of Youth Affairs and Sports, Govt: of India**’ in April 2011.
- Published a paper on “Effect of Aerobic Exercises on Selected Physical Variables among Pondicherry University Female Students”. *International Online Physical Education and Sports Research journal*, February 2016.

- Published a paper on “Effect of Physical Activity Programme on Academic Competence of students with Intellectual Disability”. Asian Journal of Physical Education & Computer Science in Sports, August 2017.
- Published a paper on “Effect of Aerobic Exercises on selected physiological variables among female students”. Asian Journal of Multidimensional Research, February 2018.

Ⓢ **Professional Experience**

- Worked as Assistant Professor in Physical education for 3 months in BJM Govt College Kollam.
- Worked as Assistant Professor in Physical Education for 4 months in Fatima Mata National College, Kollam.

Ⓢ **Personal Details**

Husband’s Name	:	Anoop Kumar M S
Father’s Name	:	Mr B. Baby John
Mother’s Name	:	Mrs. Lilly Pushpam
Date of birth	:	02 May 1991
Age	:	30yrs
Nationality	:	Indian
Languages known	:	English, Malayalam, Tamil, Hindi
Sex	:	Female
Marital Status	:	Married

I hereby declare that the details furnished above are true to best of my knowledge and belief.

Dr Lipsy John. L