

## SHILPI GHOSH, PhD.

ASSISTANT PROFESSOR (STAGE-III), DEPARTMENT OF EDUCATION,

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### **Contact Detail:**

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### **Education:**

- PhD (Education) 2010, Banaras Hindu University, Varanasi, India.
- M.A. (Psychology) 2013, Indira Gandhi National Open University, New Delhi, India, with one-year internship in Clinical Psychology from R.G. Kar Medical College and Hospital, Kolkata, India.
- M.A. (Education) 2003, University of Calcutta, Kolkata, India.
- B.A. (Education) 2001, Loreto College, University of Calcutta, Kolkata, India.
- Certificate in Guidance 2015, Indira Gandhi National Open University, New Delhi, India.
- Higher Secondary1998, Loreto House, Kolkata, India.
- Secondary 1996, Loreto Day School (Dharamtala), Kolkata, India.

**PhD Topic:** A Comparative Study of the Learning Problems of the Normal Students and the Students suffering from Congenital Heart Defects.

M.A. Psychology Dissertation Topic: A Comparative Study of Stress and General Well-Being, amongst Adolescent Science Students, under Different Boards of Higher Secondary Education.

#### **Professional Qualifications:**

- National Eligibility Test (UGC), qualified in Education, December 2003.
- State Level Eligibility Test (WBCSC), qualified in Education, January 2004.

#### Areas of Specialization:

- Mental Hygiene and Child Guidance
- Clinical Psychology

#### **Areas of Research Interest:**

- Clinical Psychology
- Educational Psychology
- Special Education

#### Fellowships and other Academic Distinctions:

- 1. I.C.S.S.R Doctoral Fellowship for research (Open category), October 2007.
- 2. U.G.C Fellowship for research, B.H.U, January 2007.
- 3. State-funded Research Fellowship, through SLET, January 2004.
- 4. Ranked 4<sup>th</sup> in the University of Calcutta in Master of Arts Degree Examination, 2003.

### The Profession:

#### Academic Employment

- 1. Assistant Professor, Visva-Bharati University 14<sup>th</sup> September, 2013- Till Date.
- Assistant Professor, Magrahat College, University of Calcutta 20<sup>th</sup> May, 2010- 13<sup>th</sup> September, 2013.

#### Administrative Service

- 1. Deputy Proctor, Visva-Bharati, May 2018- June 2019.
- 2. Deputy Dean of Students' Welfare, Visva-Bharati, August 2015- October 2017.
- Head, Department of Education, Magrahat College, University of Calcutta, May2010-September 2013.
- 4. Head-examiner of the Zonal Centre for B.A. Part-I Examination, University of Calcutta, 2011.

### Teaching and Research Experience: (Till June, 2021)

- 1. Graduation 11 years 01 month.
- 2. Post-Graduation 05 years.
- 3. Research Supervision- 06 years 10 months.

#### **Research and Dissertation Supervision: (Till June, 2021)**

- 1. PhD Scholars supervision in progress-03
- 2. M.A. Dissertation supervision completed-14

#### **Professional Participation:**

- 1. Workshops- 05
- 2. Research Methodology Courses- ICSSR sponsored-01, other-02
- 3. Orientation Course-01
- 4. Refresher Course-02

#### **Publications:**

#### **Published Journal Articles:**

- Abbasi, N. and Ghosh, S. (2020). Construction and Standardization of Examination Anxiety Scale for Adolescent Students. *International Journal of Assessment Tools in Education*. Vol.7, No.4, pp-522-534. e-ISSN:2148-7456. <u>https://doi.org/10.21449/ijate.793084.</u> Online peer-reviewed journal hosted and sponsored by TUBITAK-ULAKBIM (The Scientific and Technological Research Council), Turkey. https://dergipark.org.tr/en/download/article-file/1283486.
- Ghosh, S. and Ghosh, S. (2020). Effect of COVID-19 Pandemic on Mental Health of the Health Care Workers. *Indian Journal of Biochemistry & Biophysics*. Vol.57, October 2020, pp 594-601. Peer-reviewed Journal. Indexed in Web of Science. Published by CSIR-NISCAIR. JCR index as in 2019 0.56. <u>http://op.niscair.res.in/index.php/IJBB/article/view/39689/465477867</u>.
- Ghosh, S. and Ghosh, S. (2020). Air Quality during COVID-19 Lockdown: Blessing in Disguise. *Indian Journal of Biochemistry & Biophysics*. Vol.57, August 2020, pp 420-430. Peer-reviewed Journal. Indexed in Web of Science. Published by CSIR-NISCAIR. JCR index as in 2019 0.56. http://op.niscair.res.in/index.php/IJBB/article/view/37853/465477667.

- Abbasi, N. and Ghosh, S. (2020). Effect of Yoga on Examination Anxiety: A Systematic Review. *International Journal of Psychosocial Rehabilitation*. Vol.24, No.8, pp- 9113-9124. ISSN: 1475-7192. Online peer-reviewed journal SCOPUS Indexed. Published by Hampstead Psychological Associates, London, United Kingdom. <u>https://www.psychosocial.com/article/PR280902/25403/</u>.
- Abbasi, N. and Ghosh, S. (2017). E-Governance at Secondary Level Education in West Bengal. *International Education and Research Journal*. Vol.3, No.5, pp 463-466.
  E-ISSN: 2454-9916. Peer-reviewed journal. Indexed in the NASSDOC Research Information Series (New)-02, Edited And Complied By NASSDOC, ICSSR, New Delhi. <u>http://ierj.in/journal/index.php/ierj/article/view/993/955</u>.
- Chhetri, J. and Ghosh, S. (2015). Addressing Classroom Conundrum. International Journal of Innovative Research & Studies. Vol. 4 No. (12), pp 72-87. ISSN 2319-9725.
- Ghosh, S. and Shukla, P. (2009). Visual-Motor Perception and the Students with Congenital Heart Defects. *Prachi Journal of Psycho- Cultural Dimension*. Vol. 25 No. (1&2), pp34-38. ISSN: 0971-7064. Peer-reviewed journal.
- Shukla, P. and Ghosh, S. (2009). Janmayaat Hridaya Vikar: Bharatiya Prathamik Shikshakon Ke Liye Ek Nayee Chunautee (in Hindi). *Shiksha Chintan*. Vol. 8 No. (31), pp 3-9. ISSN:0974-553X. Peer-reviewed journal.

### **Book Chapters:**

- Ghosh, S. (2019). Collaborative Approach: The Archway to Joyful Teaching And Learning. In D. Banerjee, and L. Satpati (Eds.), *Reconceptualizing Teaching and Learning*. (1st ed., pp. 71-74). UGC-HRDC, Calcutta University: Kolkata. ISBN: 978-81-929219-4-5.
- Sinha, S. and Ghosh, S. (2018). Role of Halakarshana Utsava in Development of Pro-Social Behaviour and Community Development. In G., Saha, S.K. Paul, P. Saha, K. Ghosh and A.K. Sinha (Eds.), Vision of Rabindranath Tagore on Co-operative Society and Community Development. (1st ed., pp: 252-257). Aaheli: Kolkata. ISBN: 81-89169-68-8.

#### Seminars/Conferences/ Symposiums:

#### **Papers Presented:**

 Development of Personality through the Festivals of Visva-Bharati. Presented in the 6th International Symposium on Creative Education at Tampere, Finland, held from 12-16 November, 2018.

- 2. Emotionality of the Students suffering from Congenital Heart Defects. Presented in the International Symposium on Education and Psychology at Kyoto, Japan, held from 04-06 April 2017.
- Visual-Motor Perception of the Students suffering from Congenital Heart Defects. Presented in the Oxford Education Research Symposium at University of Oxford, UK, held from 20-21 March 2017.
- Effect of Air Pollution on Mental Health. Presented in the National conference on 'Challenges in environmental Research (NCOCER 2015)' at Centre for the Environment, Indian Institute of Technology, Guwahati, held from 4-6 June 2015.
- Internet Addiction, Loneliness and Sensation Seeking: A Correlational Study. Presented in the ICSSR sponsored National Seminar on 'Issues of Mental Health Education', Department of Education, North Eastern Hill University, Shillong, held from 26-27 February, 2015.
- 6. Visual-Motor Perception and the Students with Congenital Heart Defects. Presented in Fifth All India Conference of the Indian Association of Social Sciences and Health (IASSH) on 'Millennium Development Goals (MDGs) and Health', Xavier Institute of Management, Bhubaneswar, held from 7-9 April 2008.
- Is Congenital Heart Defect a New Hurdle for Learning? Presented in a national seminar titled, 'Achieving Equality in Education with Reference to Children with Special Needs (CWSEN)', Faculty of Education, B.H.U., held from 9-10 February, 2008.
- The Concept of Personality in Vedic Sciences. Presented in an international seminar titled, '2<sup>nd</sup> World Congress on Vedic Sciences', Banaras Hindu University, held from 09-11 February 2007.
- Role of Panchayati Raj Institutes in the Educational and Social Development in Rural India. Presented in a National seminar titled, 'Emerging Crisis in Rural Development: Structural Adjustment', Department of Economics, Shri Baldeo P.G.College, Baragaon, Varanasi, held from 30-31 December, 2006.
- 10. Effect of Congenital Heart Defects on the Learning Outcome of the Children. Presented in a National seminar titled, 'Early Identification, Intervention and

Curricular Needs of Children with Special Need', Faculty of Education, B.H.U., held from 26-28 March 2006.

### Invited Talk:

- National Public Policy Discourse on Mental Health and Well-being Policies- June 28, 2020. Delivered online invited lecture as key-note speaker in the national webinar entitled 'Public Policy Discourse-2020' organized by Mahatma Gandhi Central University in collaboration with North-Eastern Hill University and Central University of Tamil Nadu.
- 2. Learning as a way of Behaviour Modification- August 19, 2019. Lecture delivered in the Orientation Programme of the M.SW students, organized by the Department of Social Work, Visva-Bharati, Santiniketan.
- Collaborative Approach- The Archway to Joyful Teaching and Learning- March 5, 2019. Lecture delivered to the participants of the Interdisciplinary Refresher Course on Teacher Education organized by the Human Resource Development Centre, and Department of Education, University of Calcutta, Kolkata.
- 4. Review of Literature, Writing a Research Proposal and a Research Report-March 14, 2018. Lecture delivered to the M.Phil Students, Department of Education, University of Calcutta. Kolkata.
- 5. **Review of Literature and Reference Writing-** April 19, 2016. Lecture delivered to the M.Ed Students, Department of Education, University of Calcutta. Kolkata.
- 6. **Sampling-** April 18, 2016. Lecture delivered to the M.Phil Students, Department of Education, University of Calcutta. Kolkata.
- Reference Writing- February 15, 2016. Lecture delivered to the participants of ICSSR sponsored workshop on Research Methodology in Social Sciences, organized by the Department of Education, Vinaya Bhavana, Visva-Bharati, Santiniketan.

#### Participation as the Chairperson:

 Methodological Issues in Social Science Researches, February 17-23, 2014. National Workshop, Faculty of Education, Banaras Hindu University, Varanasi.

#### Organization of Seminar/ Conferences/ Workshop:

 Save the Girl Child- National Seminar cum Awareness Programme, September 07, 2018. Organized in the capacity of the Convener and in collaboration with the Office

of the Proctor, Visva- Bharati, Office of the Director, PSNS and Dean of Students' Welfare, Visva-Bharati and Office of the Chief Medical Officer of Hospitals, Birbhum District.

- 2. Workshop on Counselling, February 09-11, 2017. Organized the national workshop for the teachers of Visva-Bharati in the capacity of the Convener at the Office of the Dean of Students' Welfare, Visva-Bharati.
- 3. Cognitive Disabilities and Effective Learning Tools- An Approach Towards Educational Paradigm Shifts, March 17-18, 2016. Organized the ICSSR sponsored National Seminar in the capacity of the Convener at the Department of Education, Vinaya Bhavana, Visva-Bharati, Santiniketan.
- Research Methodology Workshop for Ph.D Scholars in Social Sciences, February 8-17, 2016. Organized the ICSSR sponsored National Workshop in the capacity of the Organizing Secretary at the Department of Education, Vinaya Bhavana, Visva-Bharati, Santiniketan.
- Capacity Building Program for the Secondary School Teachers, November 28-29, 2014. Organized the National Workshop in the capacity of the Convener at the Department of Education, Vinaya Bhavana, Visva-Bharati, Santiniketan.
- 6. Legal Awareness Programme, March 29, 2014. Organized the National Seminar on the behalf of the Santiniketan Trust, Visva-Bharati, Santiniketan.
- 7. Inter-Religious Understanding, January 20-21, 2014. Organized the National Seminar on the behalf of the Santiniketan Trust, Visva-Bharati, Santiniketan.

#### **Reference Persons:**

 Prof. Pradeep Chandra Shukla, Professor and Former Dean, Department of Education & Co-ordinator of University Counselling Centre Banaras Hindu University, Varanasi, India. Relation: Phd Supervisor. Email: pradeepcshukl@gmail.com Ph.: +919415865028 2. Prof. Debasri Banerjee,

Professor and Former Head, Department of Education, University of Calcutta, Kolkata, India. Relation: Teacher during Master level course. Email: <u>debasriban@gmail.com</u> Ph.: +919830028201

3. Prof. Emili Puig i Vilaró Professor in Educational Psychology, University of Girona, Catalonia, Spain. Relation: International Academic Collaborator Email: <u>emili.puig@udg.edu</u> Ph.: +34618550665