## Subjects offered by the Department of Yogic Art and Science

| Department            | <b>Major</b><br>Yoga | Yoga | Multidisciplinary                              |          |
|-----------------------|----------------------|------|--|----------|
| Yogic Art and Science |                      |      | Courses  | Semester |
| (DYAS)                |                      |      | Applications of Yoga                           | 1        |
|                       |                      |      | Yoga Vyayama                                   | II       |
|                       |                      |      | Introduction to Yoga<br>and Common<br>Ailments | III      |

Acro . In-Charge

In-Charge

Department of Yogic Art and Science

Teacher-In-charge
Department of Yogic Art & Science
Vinaya Bhavana, Visva-Bharati