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A Special Lecture
on
Approaching the Rainbow Body ('ja' lus) in Dzogchen

Speaker:

Dr. Dylan Esler

Center for Religious Studies (CERES), Ruhr University Bochum, Germany

11.00 a.m., 3rd February, 2020

Venue: Conference Hall, Bhasha-Bhavana

Dear Sir/Madam,

On behalf of the Department of Indo-Tibetan Studies, we cordially invite you to attend the special lecture on *Approaching the Rainbow Body ('ja' lus) in Dzogchen* by Dr. Dylan Esler, which is scheduled to be held on 3rd February, 2020 at 11.00 a.m.

Lecture will be chaired by Prof. Suniti Kumar Pathak (Retd.), Department of Indo-Tibetan Studies, Visva-Bharati, Santiniketan.

We eagerly look forward to your participation.

Dr. Shedup Tenzin
Coordinator
Department of Indo-Tibetan Studies
Visva-Bharati University

Prof. Narottam Senapati
Principal
Bhasha-Bhavana
Visva-Bharati University

APPROACHING THE RAINBOW BODY ('JA' LUS) IN DZOGCHEN

Dzogchen is a special doctrinal and contemplative approach found both within the Nyingma school of Tibetan Buddhism and the indigenous Bon tradition of Tibet.

One of the unique features of this approach is the attainment of the rainbow body (Tib. 'ja' lus), a sign of accomplishment in specific Dzogchen meditative practices, whereby the physical body shrinks and dissolves at the time of death, accompanied by rainbow lights.

This lecture will explore the meaning of the rainbow body phenomenon within the context of Dzogchen traditions of contemplative practice, and will also look at the phenomenon from the perspective of comparative mysticism.

Dr. Dylan Esler presently works at the Center for Religious Studies (CERES) of the Ruhr-University Bochum on the project *An Enquiry into the Development of the Dzogchen Tradition in the Commentaries of the Tibetan Scholar Nubchen Sangye Yeshe (10th century)*, which is sponsored by the German Federal Ministry of Education and Research.