

OFFICE OF THE DIRECTOR, PSNS VISVA-BHARATI

NOTIFICATION

YOGA AND MEDITATION PRACTICE CAMP 2025 (Evening Shift)

This is for information to all concerned that the "Yoga and Meditation Practice Camp, 2025" in evening shift will start from 03.11.2025 and will continue for three (03) months and likely to be extended further subject to approval of the competent authority.

The evening session will be conducted as per following schedule:

Session	Time	Venue	No. of seats	Course Fee	Who Can apply?
Evening Session	05:00 P.M. to 06:30 P.M.	Students' Activity Centre	40 only	Students Rs 255/- (Rs.85/- X 3 Months) Staff & others Rs. 600/- (200 X 3 months)	Students/ Staffs/ Pensioners/ Ashramic/ Alumni/ Family members of Alumni, Staffs and Pensioners

Interested persons may apply on plain paper mentioning their name, department, contact address etc. along with a copy of ID card and submit the application to the office of the under singed along with fees.

Seats will be filled on first-come, first served basis

Ref. No. Dir/PSNS/SAC/Yoga/25-26/297

Date: 29.10.2025

Sports, National Sports

Director, PSNS Visva-Bharati

Copy to:

- 1. Directors/ Adhyakshas/ HOD of all Bhavanas / Vibhagas/ Departments/ Centres
- 2. Proctor, Santiniketan Campus
- 3. Proctor, Sriniketan Campus
- 4. Finance Officer
- 5. Deputy Registrar (Accounts)
- 6. C.S. to V.C.
- 7. P.A. to Registrar
- 8. University Webmaster- Kindly upload it in the University website