



**OFFICE OF THE DIRECTOR  
VISVA-BHARATI**

**INVITATION**

*Dear Sir/Madam,*

*The Office of the Director, PSNS and The Department of Yogic Art & Science, Visva-Bharati request the pleasure of your participation in Yoga Practice at Old Mela Ground and in the Function at Natya-Ghar on the occasion of the "International Day of Yoga" on 21<sup>st</sup> June, 2018.*

*Prof. Sabujkoli Sen, Vice-Chancellor, Visva-Bharati has kindly given her consent to grace the occasion, as the Chief-Guest.*

*Date: 15.06.2018  
Place: Santiniketan*

*N. C. Mandal* 15.06.18  
*Prof. Narayan Chandra Mandal*  
*Director*  
*Physical Education, Sports,  
National Services &  
Students' Welfare*

*Programme Overleaf*

**Programme Schedule**  
**International Day of Yoga**  
**(21<sup>st</sup> June, 2018)**

**Morning**

**Venue: Old Mela Ground**

*Yoga Practice* : 06:45 AM to 08:00 AM

**Evening**

**Venue: Natya-Ghar**

*Yoga Competition* : 01:30 PM to 03:30 PM

*Welcome, Felicitation  
and Lighting of the Lamp* : 04:00 PM to 04:15 PM

*Address by Director PSNS* : 04:15 PM to 04:20 PM

*Talk on Yoga by  
Prof. Samiran Mondal* : 04:20 PM to 04:25 PM

*Prize Distribution* : 04:25 PM to 04:55 PM

*Message on International  
Day of Yoga by  
Vice-Chancellor* : 04:55 PM to 05:00 PM

*Vote of Thanks* : 05:00 PM to 05:05 PM