



**OFFICE OF THE DIRECTOR, PSNS
VISVA-BHARATI**

NOTIFICATION

YOGA AND MEDITATION COURSE

This is for information of all concerned that next phase of 3 months "**Yoga and Meditation Course**" will start from 13 July, 2015.

Two parallel courses will be conducted in morning and evening in the below mentioned schedule -

	Time	Venue	No. of seats	Course Fee	Who can apply?
Morning Course	06:00 am – 08:00 am	Students' Activity Centre	40 only	Students – Rs.200 (one time for 3 months) Staff & others – Rs. 300 (one time for 3 months)	Students/Staffs /Pensioners/Alumni and Ward of Alumni & Pensioners
Evening Course	05:00 pm – 07:00 pm	Chintan Hall	60 only		

Interested persons may apply on plain paper mentioning their name, address, department, contact address etc. and submit the Application Form to Sri Ashok Kumar Choudhuri along with the requisite course fees within 11.07.2015.

Seats will be filled on first-come, first served basis. All participants are requested to kindly bring individual yoga mats for practice.

Ref.No. Dir/PSNS/^{Yoga}SAC/20D/ 2015-16/
Date:02 July, 2015


Director, PSNS
Visva-Bharati

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2. Proctor, Visva-Bharati
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4. Deputy Registrar, Accounts
5. C.S to V.C, Visva-Bharati
6. University Webmaster – Kindly upload it in the University website.
7. P.A to Registrar, Visva-Bharati