



**OFFICE OF THE DIRECTOR, PSNS  
VISVA-BHARATI**

**NOTIFICATION**

**YOGA AND MEDITATION PRACTICE CAMP**

This is for information of all concerned that next phase of 3 months "Yoga and Meditation Practice Camp" will start from 03.01.2020.

Two parallel practice camp will be conducted in morning and evening respectively as per following schedule -

	Time	Venue	No. of seats	Course Fee	Who can apply?
<b>Morning Camp</b>	06:00 am - 08:00 am	Students' Activity Centre	<b>50 only</b>	Students - <b>Rs.200</b> (one time for 3 months)	Students/Staff members /Staff ward/Pensioners /Dependent of Pensioners /Alumni/ Ward of Alumni and Ashramik.
<b>Evening Camp</b>	05:00 pm -07:00 pm	Students' Activity Centre	<b>50 only</b>	Staff & others- <b>Rs. 300</b> (one time for 3 months)	

Interested persons may apply on plain paper mentioning their name, address, department, contact address etc. and submit the Application Form to this office along with the requisite practice camp fees within 31.12.2019.

Seats will be filled on first-come, first served basis. All participants are requested to kindly bring individual yoga mats for practice.

Ref.No. Dir/PSNS/SAC/20D/ 2019-20/158  
Date: 19.11.2019.

*N. C. Mandal*  
Director, PSNS 18.11.19  
Visva-Bharati )

Copy to:

1. Directors / Adhyakshas / HOD of all Bhavanas / Vibhagas / Deptts / Centre's
2. Proctor, Visva-Bharati
3. Finance Officer
4. Deputy Registrar, Accounts
5. C.S to V.C, Visva-Bharati
- ✓ 6. University Webmaster - Kindly upload it in the University website.
7. P.A to Registrar, Visva-Bharati