



ক্রীড়া পর্ষৎ ঃ ক্রীড়া পর্ষদ ঃ SPORTS BOARD
বিশ্বভারতী ঃ বিশ্বভারতী ঃ VISVA-BHARATI
(A Central University and an Institute of National Importance)



Admission Form For Gymnasium

Name of the Candidate: _____

Date of Birth (Day/Month/Year): _____

Age (in Years): _____ Gender : ☐ Male ☐ Female ☐ Other

Residential Address: _____

Attach Recent
Passport Size
Photo

Name of Department: _____

Bhavana: _____

Students Id. _____ Present Class: _____

Name of Guardian : _____ Relationship : _____

Contact Number : _____ Email ID: _____

Health Declaration:

Do you have any medical condition that may affect participation? ☐ Yes ☐ No

If yes, please specify: _____

Consent Declaration:

I, _____ hereby declared that the information provided above is true to the best of my knowledge and I will actively participate in the Gymnasium Exercise & Physical Training activities organized by the Visva-Bharati Sports Board. I agree to follow all rules and regulations of the Visva-Bharati Sports Board. I understand that the organizers will take utmost care, during the camp but I will not hold them responsible for any accidental injury or mishap.

Signature of the Candidate: _____ Date: _____

Signature of HoD / With Seal: _____ Date: _____

Medical Fitness Certificate by Medical Practitioner

This is to certify that I have Medically examined Mr./Mrs. _____ and found him / her physically and mentally fit to undertake / gymnasium exercise & Physical Training activities.

Signature & Seal of Medical Practitioner _____ Date : _____

For Office Use Only:

Registration No. _____ Date of Admission: _____

Verified by (Full Signature with Date): _____

Office Stamp:

[Assistant Director of Physical Education]
Visva-Bharati Sports Board
Visva-Bharati

Rules & Regulations

1. Access to the Gymnasium will be granted to staff and students of the Visva-Bharati only.
2. The sons / daughters / spouse of the University staff shall be required to obtain SPECIAL PERMISSION from the Registrar for access to the Gymnasium.
3. Visiting employees and their dependents, visiting alumni, Official guests shall access the Gymnasium with prior intimation to the Registrar.
4. Persons under the age of 18 years shall not be permitted to access the Gymnasium.
5. Users are required to record their attendance and produce their Identity card (I-Card) for verification by the Visva-Bharati Sports Board.
6. Users shall be required to produce fitness certificate from the University Medical Officer or any other medical practitioner. Any exercise undertaken shall be done at the user's risk.
7. Users shall be dressed in appropriate sports attire (T-shirts, Lowers / Shorts and Shoes) at all the time.
8. Appropriate Sports Shoes are to be worn while exercising in the Gymnasium. .
9. For hygiene, a towel must be used at all time of exercise and users are requested to wipe the equipment after usage.
10. No food and drinks (other than water and Sports drinks) are allowed at the workout area.
11. Users should use the Lockers provided to store their belongings. No personal belongings should be brought into the workout area.
12. No user is allowed to tamper with the electrical switches and gadgets in the Gymnasium.
13. Users must adhere to the instructions in the usage of the exercise equipment. When in doubt, the Gymnasium staff on duty should be consulted.
14. Users must observe all Safety Regulations pertaining to the use of exercise equipment.
15. Weights Lock must be used at all times while using the bar bells for safety reasons.
16. Users must re-rack all weigh plates, Bar Bells and Dumbbells after each use. Under no circumstances shall any exercise equipment be removed from the Gymnasium. .
17. A user who is responsible for the loss or damage of the equipment due to act of negligence shall bear the cost of repairing or replacing the equipment.
18. Users must comply with any instructions given by the Gymnasium staff on duty.
19. The Gymnasium staff on duty may, at his / her own discretion, request users who are found to be in breach of any of the rules and regulations to cease or desist from such action or to leave the Gymnasium immediately.
20. Users shall comply with such additional rules as may be imposed by the authority from time to time to regulate the use of the Gymnasium. .
21. The Visva-Bharati Sports Board reserves the right to add, delete and / or vary the above any time it deems fit.
22. The University, its employees, its agents or representative shall not be liable for any damage, loss, injuries or deaths howsoever caused in the connection with the use of the Gymnasium. .
23. Gymnasium timings and the slots given must be adhered to by all members.

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I, hereby declared that I will obey all the rules and regulation of the Visva-Bharati Gymnasium and will act as per the rules.

Signature of the User