# CERTIFICATE COURSE Subject: KATHAKALI DANCE

## Marks-100 SYLLABUS

#### **PRACTICAL**

#### First Year

Learning Outcomes: The important foot works and body exercises of Kathakali Dance is imparted in this course. Students will gain the basic knowledge of physical fitness, flexibility, practice of rhythmic structure with Angika-Karma and Hand gesticulations.

- i. Physical exercise, Foot work and Four chuzhypps.
- ii. Todayam (in short form).
- iii. 24 Basic Gestures.
- iv. Learning by heart the bols of the dance taught.

### **Second Year**

Learning Outcomes: The important basics revision of Kathakali Dance is imparted in this course. Students will gain the basic knowledge of Lasya Nritta, Rabindric dance composition and Hand gesticulations in detail study.

- i. Revision of 1<sup>st</sup> year course.
- ii. Sari nrittam
- iii. One dance composition with Rabindra Sangit.
- iv. Five Samyukta & five Asamyukta mudras from the following groups:

Pataka, Mudra, Kataka & Mushti with their positions & tal.