

POST GRADUATE DIPLOMA IN DISABILITY STUDIES (PGDDS)

1. PREAMBLE

In the current context of social work practice in the field of disability rehabilitation, social workers need to approach their work with, through and for people with disabilities and various stakeholders with the human rights, strengths and related perspectives using social discourse and anti-oppressive and empowerment based partnership practice. In order to do this, social workers must start with gaining information on the diversity of this group. They must then understand the unique difficulties experienced by disabled people in the areas of privileges, power and access to resources including coping resources, and the stereotyping tendencies of much of society including social workers and other helping professionals. Consequently, the **aim** of the Post Graduate Diploma in Disability Studies is to develop a cadre of personnel with specialized competency in working with people with disability and all stakeholders through building an anti-oppressive, empowerment-based partnership practice.

For better governance and management of disability rehabilitation organisations, it is essential to equip social workers with the skills and right approach to management – focusing on empowerment and advocacy. As the field of disability rehabilitation is growing at a fast pace, there will be an increasing demand for qualified Disability Rehabilitation Professionals. It is thus essential to evolve a Post Graduate Diploma in Disability Studies to equip aspiring social work professionals who want to make a difference in the disability sector, in the process creating valuable human resources among the disabled population and thus contributing tremendously to the nation building exercise.

According to World Health Organization (WHO) estimates, about 15% of any population experience some form of disability. Contextualizing this for India, it does not just imply a large number of people who are disadvantaged but underscores the need to critically engage with a section that remains marginalized and excluded from mainstream development thought and action. Indeed, any discourse on social inclusion cannot be complete without a focus on disability.

2. NOMENCLATURE OF THE COURSE

POST GRADUATE DIPLOMA IN DISABILITY STUDIES

3. OVERALL AIMS AND OBJECTIVES OF THE COURSE

- a. To be exposed to various perspectives in understanding disability, persons with disability and their families within their varied contexts and environments.
- b. To apprehend, critique and analyse the complexities of the social realities of the field of disability, persons with disability and their families, and the range of related issues in their systemic and structural contexts.
- c. To learn to be self-aware and empathetic, to innovate and to evolve an anti-oppressive, empowerment-based micro and macro partnership practice for working with, through and for people with disabilities and their various stakeholders.
- d. To develop competency in the management of organisations in the field of disability rehabilitation as professional managers.
- e. To be able to manage projects in disability rehabilitation as Project Managers and Coordinators – monitoring, documentation, dissemination, networking, liaising, resource mobilisation, implementation and evaluation of programmes.
- f. To professionalise the functioning of institutions and organisations that work in the field of disability rehabilitation in the respect of financial, personnel and human resource development, and to ensure their sustainability and focus for the long term.

4. ENTRY REQUIREMENTS

- a. Bachelor's degree or Master's degree in any discipline, preferably Social Work, Sociology, Psychology, Clinical Psychology or Disability Studies
- b. A registered Rehabilitation Professional/Personnel with graduation
- c. Graduation in medicine

5. ADMISSION PROCEDURE

Admissions will be made through a written test of 100 marks followed by Group Discussion (50 marks) and Personal Interview (50 marks).

6. INTAKE CAPACITY (MAX-MIN)

Between 20 to 25 students.

7. MEDIUM OF INSTRUCTION

English will be the medium of instruction throughout the duration of the course.

8. DURATION OF THE COURSE

One academic year in regular – full time programme.

9. MINIMUM ATTENDANCE REQUIRED

As per University rules, the minimum attendance required is 75% for coursework classes and 80% for fieldwork.

10. REQUIREMENTS FOR TEACHING THE COURSE

- a. Library: Journals, periodicals, reference material in the field of Management, Rehabilitation, Disability development and Social Work.
- b. Cyber library enabled with access to all major electronic journals and digital repositories.
- c. Tie-ups with professional NGOs and institutions providing rehabilitation services for people with disabilities.
- d. Other adequate infrastructure and support services.

11. TEACHING METHODOLOGY

Theory:

- Lectures (Regular/Guest)
- Discussion/Group Discussion
- Demonstration
- Guided presentation by students
- Distribution of printed notes and reading material
- Guided review of relevant literature
- Audio visuals
- Attending workshops conducted by disability rehabilitation organisations and NGOs
- Interaction sessions with successful people with disabilities
- Screening of award-winning films portraying the subject of disability

Fieldwork:

- Supervised observation of professionals carrying out the tasks (identification, evaluation, teaching, therapy)
- Maintaining records of observation and getting these evaluated by the supervisor
- Demonstrations – specially organised sessions with PWDs to demonstrate a particular task
- Carrying out the task of adequate number of clients under controlled supervision
- Development of teaching learning material required to carry out the tasks
- Practicing filling up various clinical/educational forms/formats
- Acquiring adequate acquaintance of various tests and tools available by administering on others

12. CONTENT OF THE COURSE WITH WEIGHTAGE ALLOCATED FOR EACH PAPER OF DIPLOMA IN DISABILITY STUDIES

PAPER	SUBJECT	MARKS			
		Internal/ Viva-voce	External/ Final	Total	Credit
Semester I					
I	INTRODUCTION TO DISABILITY	20	80	100	4
II	THEORETICAL PERSPECTIVES IN DISABILITY	20	80	100	4
III	SOCIAL WORK INTERVENTION AND PERSONS WITH DISABILITY	20	80	100	4
	Fieldwork & Viva-Voce	20	80	100	4
Semester II					
IV	PSYCHOLOGICAL ASPECTS OF REHABILITATION	20	80	100	4
V	WELFARE ADMINISTRATION FOR PERSONS WITH DISABILITY	20	80	100	4
VI	RESEARCH METHODOLOGY	20	80	100	4
	Fieldwork & Viva-Voce	20	80	100	4
	TOTAL			800	32

Head

Department of Social Work

PGD in Disability Studies

SEMESTER I

PAPER I: INTRODUCTION TO DISABILITY

TIME: 3 Hours

TOTAL MARKS: 100 (80+20)

Objectives:

1. To understand the basic concept of disability
2. To understand the major causes , problems faced by the disabled

Unit No.	Title of Unit	Content
I	Defining disability	Definition and concepts of Disability , Understanding various terminologies – disease, impairment, functional limitation, handicap, disability, challenged, special person etc
II	Causes of disability	Various genetic, environmental and other causes
III	Types of disability	Classification of 21 disabilities based on Rights of Persons with Disability Act, 2016
IV	Demographics of disability	Various studies, views and publications on the population of persons with disabilities in India and the world. Demographic pattern of PWDs: Geographic distribution. Gender-wise distribution. Age-wise distribution, Income-wise distribution. Distribution with respect to rural-urban divide in India. Summary of the findings of the National Sample Survey 2002 and Census 2011,
V	Prevention of Disability	Concept of Prevention and Early Detection of Disability
VI	Major Challenges of Disabled	Social, Economic, Cultural and Environmental Challenges faced by person with disability

PAPER II: THEORETICAL PERSPECTIVES IN DISABILITY

TIME: 3 Hours

TOTAL MARKS: 100 (80+20)

Unit No.	Title of Unit	Content
I	Models of Disability	Various model of disability- Religious, Medical, Cultural and Social etc. Shift from integration to inclusion.
II	Theoretical Perspectives	Ecological and systems theories, Crisis intervention theory Strengths perspective
III	Legislation for Persons with Disabilities	Legislative and constitutional provisions for PWDs – an overview. The Rehabilitation Council of India Act, 1992. The Persons with Disabilities Act, 1995. Rights of Persons with Disabilities Act, 2016. The Mental Health Care Act 2017
IV	Supporting legislations for PWDs	Societies Registration Act, 1860. The National Trust Act, 1999, the Indian Trusts Act 1882, The Companies Act 2013 section 135
V	National supporting Bodies	Roles and responsibilities of the Chief Commissioner and State Commissioners for PWDs. National Handicapped Finance and Development Corporation (NHFDC). Ministry of Social Justice and Empowerment
VI	Human Rights and Disability	Shift to a human rights framework of reference. Disability and Social Justice. United Nations Convention on the Rights of Persons with Disabilities (UNCRPD).

PAPER III : SOCIAL WORK INTERVENTION AND PERSONS WITH DISABILITY

TIME: 3 Hours

TOTAL MARKS: 100 (80+20)

Unit No.	Title of Unit	Content
I	Introduction to Social work and Disability	Social work profession and Philosophy, Principles and Values of Social Work , Methods of Social Work
II	Social Case Work	Concept and principles of case work. Importance of Counselling in working with persons with disability
III	Social Group Work	Concept and principles of group work, Use of Group Work method for PWDs
IV	Community Organisation	Concept and principles of Community Organisation. Importance of Community institutions. Concept of resource mobilisation and social capital, Significance of Community Based Rehabilitation, Family and Community Integration. Approaches to community participation. Integrated/inclusive education and training.
V	Social Action	Concept , principles and methods of Social Action. Rights based Approach to Person with Disability Evolution of Disabled Rights Movements in Indian context. Social Awareness, Campaign and advocacy for person with Disability, Role of NGOs and other federations NGOs. Role of strategic alliances such as federations,
VI	Social work intervention PWDs	Social Work practice with PWDs with special reference to children, youth ,women, elderly, marginalised communities in rural and urban context

PAPER IV – PSYCHOLOGICAL ASPECTS OF REHABILITATION

TIME: 3 Hours

TOTAL MARKS: 100 (80+20)

Unit No.	Title of Unit	Content
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I	Development Hazards and Life Cycle	Introduction to various life cycle stages, Delayed Development, Coping Mechanism
II	Rehabilitation process	Concept of 'rehabilitation'. Dimensions in rehabilitation. Different aspects of rehabilitation. Approaches to rehabilitation.
III	Education of PWDs	Continuum of educational services: Special schooling, Non-formal education, NIOS, Integrated and inclusive education, Distance mode of education, Home based education.
IV	Economic Rehabilitation and Vocational rehabilitation	Concept of economic rehabilitation. Significance of unorganised sector. Venues for self-employment. Role of community in economic rehabilitation of PWDs. Schemes for self-employment. Government incentives for self-employment (loans, etc.) Vocational training. On-job training and re-skilling. Inclusive training. Unemployment allowance. Vocational rehabilitation. Avenues of employment. Employment and placement. Job reservations. Economic rehabilitation. Income generation. Special employment exchanges.
V	Social Rehabilitation	Concept of Social Rehabilitation and Social Acceptance, Social Integration and Social Inclusion
VI	Rehabilitation Guidance and Counselling	Use of counselling and guidance for PWDs, Family Centred Intervention and Counselling. Scope of Genetic counselling, Role of an effective counsellor

PAPER V: WELFARE ADMINISTRATION FOR PERSONS WITH DISABILITY

TIME: 3 Hours

TOTAL MARKS: 100 (80+20)

Unit No.	Title of Unit	Content
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I	Introduction to Welfare Administration	Basic Concepts of Social Welfare Administration, Social Welfare and related concepts- Social Service, Social Welfare , Social Security etc.
II	Scope of Social Welfare Administration	Concept of POSDCoRB- Planning, Organising, Staffing, Directing, Coordinating, Reporting, Budgeting Concept of social marketing. Social cost of development.
IV	Organisational Development	Distinctive characteristics of organisations working in field of disability rehabilitation (hospitals, specialised agencies, special schools, VRCs, etc.). Areas of responsibility in organisations in disability sector. Motivation of rehabilitation staff. Delegation of responsibilities. Concept of SWOT analysis. Social enterprise and social entrepreneurship.
VI	Funding Evaluation and monitoring of disability related projects	Sources of Funding, Project funding from National Institutes and Funding Organisations. Need for evaluation. Methods of evaluation. Indicators for evaluation: Cost effectiveness, Social accountability, Extent of community participation, Sustainability, Economic viability. Role of different agencies in evaluation.
V	National Institutes	<ul style="list-style-type: none"> • Ali Yavar Jung National Institute for the Hearing Handicapped (AYJNIHH) ... • National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD), Chennai. ... • Swami Vivekanand National Institute of Rehabilitation, Training & Research (SVNIRTAR), Cuttack • National Institute of Visually Handicapped, Dehradun • National Institute of Loco motor Disability, Kolkata • National Institute of Mentally Handicapped (NIHM) Secundrabad • Composite Regional Centres for Person with Disabilities (CRCs) • Establishment of Indian Sign Language Research and Training Centre (ISLRTC)
VI	Schemes, concessions and programmes for community participation	ADIP Scheme. Scheme of assistance to Voluntary Organisations. District Rehabilitation Centres. Vocational Rehabilitation Centres. District Disability Rehabilitation Centres. Regional Spinal Injury Centres. Sarva Siksha Abhiyaan. District Primary Education Programme. Coverage of PWDs under Poverty Alleviation Programmes

PAPER VI: RESEARCH METHODOLOGY

TIME: 3 Hours

TOTAL MARKS: 100 (80+20)

Unit No.	Title of Unit	Content
I	Introduction to Social Research	Concept and meaning of social research
II	Types and design	Various types and design in social research
III	Methods, Tools and Techniques	Various tools and techniques in research
IV	Research methodology	Sample, universe etc.
V	Research area with Person with Disability	Various types of research with person with disability
VI	Project Report	Report writing

FIELDWORK PRACTICUM (200 MARKS)

Field practicum is an integral part of training of the programme, which encourages learning by doing and helps students to get hands-on experience in skill acquisition, program planning and applying and reinforcing theory. It increases self-awareness in students and fosters appropriate attitudes in them towards professional self-development and a commitment to basic humanistic values and principles. This helps to bridge the classroom teaching and the social reality in the field, and this facilitates learning under the supervision of trained social workers.

Fieldwork is expected to be offered concurrently with classroom teaching so as to facilitate effective assimilation of theory and skills. The settings for field work would be generic in the first semester, with focus on settings which offer scope for working with stakeholders who may either have a disability or may work with people with disability or may be associated with persons with disability, such as an integrated education system, a community setting (where work with persons with disability can be undertaken). In the second semester students will be placed in specialized disability settings such as special schools, agencies working with special needs of people, community initiatives for disability rights, so as to develop and enhance skills of working with different types of special needs and disability groups.

There would also be a one week placement in a rural area for groups of students accompanied by supervisors so as to gain a critical understanding and analysis of rural realities and to implement the skills of intervention learnt in the field of disability in the rural areas.

The rationale for the above mentioned structure is that it helps students to first gain grounding in core social work, and then to equip them to work in varied sites of practice and strengthen disability inputs in these sites. The guiding principle is that people with disability are an integral part of the community in which they are located and have rights to all the services that are available in the community. This is also an attempt towards inclusion, de-segregation, non-discrimination and defusing the stigma of the label of disability.

Details	Marks
Concurrent fieldwork (2 days a week) OR Block Fieldwork (1 month) at specialised agency	100
Rural Practicum (1 week block)	50
Viva-voce	50
TOTAL	200

Note: Considering that there may be a paucity of specialised agencies in and around the University campus at Bolpur-Santiniketan that would be able to offer a wholesome fieldwork experience for the students, an alternative to concurrent fieldwork would be a one-month block placement at specialised agencies in and around the country focusing on the category of disability rehabilitation that the student wants to choose.